



theperformance**tree**

Our Experts, Your Success

Growing your People, Profits and Performance

Certificate in Coaching Practice **APP Certificate in Coaching Practice**

Delivered By **Micelle Armstrong** from **Acorn Principles**

Sept – Dec 2010; March – June 2011

Introduction

This 3 month course provides a practical, experiential introduction to the key principles, skills and approaches that underpin effective coaching practice in a wide range of settings. It develops competence and confidence around the application of a clear, structured model of coaching that promotes individual style and flexibility.

Objectives

By the end of the course participants will:

- > Be ready to coach clients through a structured coaching process from start to finish.
- > Have grown in confidence and understanding around a range of key concepts in coaching practice.
- > Have gained an understanding of the Association for Coaching (AC) code of ethics and good practice guidelines and know how to apply them in practice.
- > Have developed a range of tools, tips and techniques to support their development as a coach.
- > Have formed strong connections to support their ongoing development as a coach.

Assessment

Coach Portfolio - To evidence learning as a result of the course.

Includes 2 assignments, examples of materials used to enhance your coaching practice, coaching practice recordings and 360° Feedback sheets.

Practical Coaching Assessment

A 1 hour practical assessment in which participants are required to coach an external assessor through the initial coaching process.

Timings

- > Sept – Dec 2010
- > March – June 2011

Costs

- > The price for the course is £1950.00 (+VAT) per person

Call now on **0131 2263910** to secure your place or email us on **enquiries@theperformancetree.com**